

## STAGE 3 COVID Restrictions – DSC Timetable – January 2021 onwards

### Based on Health Directive Restrictions on Businesses, Activities and Undertakings Direction (No. 12)

#### MONDAY

Times of Activity	Activity Name	Activity Room	Maximum No of participants
8.30am to 12.00pm	Matilda's Quilters	Act Room 3 & 4	40
	Matilda's Quilters	Act Room 1	16
8.30am to 12.00pm	Mahjong (Western)	Act Rm 2	24
9.00am to 11.30am	Leatherwork	Workshop	8
9.30am to 11.00am	U3A Life in Australia – Check with U3A office	Auditorium	63
11.30am to 2.30pm	Line Dancing	Auditorium	50
12.30pm to 4.30pm	Auction Bridge	Act Room 2	16
1.00pm to 4.00pm	Scrabble	Act Room 1	10
3.00pm to 4.00pm	Qi-Gong	Auditorium	63

#### TUESDAY

Times of Activity	Activity Name	Activity Room	Maximum No of participants
7.00am to 8.00am	Walkers for Health	Outside activity	No restriction
8.30am to 11.30am	Woodcarving	Workshop	8
8.30am to 11.45am	Painting / Art	Act Room 3 & 4	30
8.30am to 12.00pm	Parchment Craft	Act Room 2	12
8.30am to 12.30pm	Theatricals – Drama/singing/acting/performance	Auditorium	63
9.30am to 11.30am	Discussion Group – Current affairs (1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday)	Café	6
12.00pm to 3.30pm	Art Class (Afternoon)	Act Room 3 & 4	30
12.00pm to 4.00pm	Canasta Beginners	Act Room 2	24
1.00pm to 3.00pm	Writers Group (meets every 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday)	Workshop	10
1.00pm to 4.00pm	Mahjong (Chinese)	Act Room 1	20
1.00pm to 4.00pm	Social Dance – New Vogue / old time / sequence	Auditorium	50
3.15pm to 4.15pm	Guitar Lessons _ going to intermediate	Workshop	10
4.15pm to 6.30pm	Table Tennis (beginners welcome, all ages welcome)	Auditorium	Doubles ok - Max 5 tables)
5.30pm to 6.30pm	Pilates	Act Room 1 & 2	30
6.30pm to 9.00pm	Table Tennis	Auditorium	Doubles ok – Max 5 tables

**WEDNESDAY**

<b>Times of Activity</b>	<b>Activity Name</b>	<b>Activity Room</b>	<b>Max No of participants</b>
8.30am to 10.00am	Yoga	Auditorium	40
9.00am to 11.30am	Library		
10.00am to 11.30am	Philosophy for everybody (U3A)	Act Room 4	20
10.00am to 11.30am	Ukulele Class – Beginner	Workshop	10
10.00am to 11.30am	Ukulele Class – Intermediate	Workshop	10
10.00am to 12.00pm	Low Vision Group (2 <sup>nd</sup> & 4 <sup>th</sup> Wed)	Act Room 3 & 4	20
10.15am to 11.00am	Tap Dancing Class	Auditorium	63
11.00am to 12.00pm	Jazz Dancing Class	Auditorium	63
12.15pm to 2.30pm	Genealogical Society (2 <sup>nd</sup> Wed) – To be confirmed	Act Room 1 & 2	32
12.30pm to 4.00pm	Rummy Tiles	Act Room 4	15
12.45pm to 1.45pm	Qi Gong	Auditorium	63
1.00pm to 2.00pm	German – Beginners	Act Room 3	15
2.00pm to 3.00pm	German - Intermediate	Act Room 3	15
2.30pm to 4.00pm	Redlands Dementia group – 3 <sup>rd</sup> Wed of month	Auditorium	50
03.00pm to 4.00pm	Guitar Lessons – Beginners	Act Room 2	20

**THURSDAY**

<b>Times of Activity</b>	<b>Activity Name</b>	<b>Activity Room</b>	<b>Max No of participants</b>
7.00am to 8.00am	Walkers for health	Outside activity	No restriction
8.30am to 12.00pm	Cleveland Senior Citizens – Indoor Bowls	Auditorium	30
8.30am to 12.00pm	Cleveland Senior Citizens – Bingo	Act Room 1 & 2	30
8.30am to 12.00pm	Cleveland Senior Citizens – Cards	Auditorium	13
9.00am to 11.45am	Computer Workshop	Act Room 4	26
12.00pm to -4.00pm	Canasta – DSC	Act Room 2	24
12.15pm to 4.15pm	U3A Canasta	Act Room 3	24
1.00pm to 4.00pm	Indoor Bowls	Auditorium	30

**FRIDAY**

<b>Times of Activity</b>	<b>Activity Name</b>	<b>Activity Room</b>	<b>Max No of participants</b>
8.30am to 9.30am	Pilates Class	Auditorium	40
8.30am to 12.00pm	Handicrafts	Act Room 3 & 4	40
8.30am to 12.00pm	Parchment Craft	Act Room 1	12
10.00am to 12.30pm	Indoor Bowls	Auditorium	30
1.00pm to 4.00pm	Table Tennis	Auditorium	Doubles ok – Max 5 tables
1.00pm to 4.00pm	Table Tennis	Act Room 3 & 4	Doubles ok – max 4 tables
1.00pm to 4.00pm	Card 500	Act Room 2	24
1.45pm to 4.15pm	Classical Music U3A	Act Room 5	6
4.00pm to 6.30pm	Table Tennis	Auditorium	Doubles ok – max 5 tables

**SATURDAY**

<b>Times of Activity</b>	<b>Activity Name</b>	<b>Activity Room</b>	<b>Max No of participants</b>
9.00am to 12.00pm	Table Tennis	Act Room 3 & 4	Doubles ok – max 4 tables