

STAGE 3 COVID Restriction - DSC Timetable - August 2020

Monday

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
08.30am to 12.00pm	Matilda's Quilters	Act Room 3 & 4	26
	Matilda's Quilters	Act Room 1 & 2	24
09.00am to 11.30am	Leatherwork	Workshop	8
09.30am to 11.00am	U3A Life in Australia - Check with U3A office	Auditorium	63
12.30pm to 04.30pm	Auction Bridge	Act Room 2	16
11.30am to 2.30pm	Line Dancing	Auditorium	36
01.00pm to 04.00pm	Scrabble	Act Room 1	10
01.00pm to 04.00pm	Chinese Mahjong	Act 3 & 4	26
03.00pm to 04.00pm	Qi – Gong	Auditorium	63

Tuesday

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
07.00am to 08.00am	Walkers for health	Outside activity	No Restriction
08.30am to 12.30pm	Theatricals – Drama/Singing/Acting/Performance	Auditorium	63
08.30am to 12noon	Parchment Craft	Act Room 1 & 2	24
08.30am to 11.45am	Painting/ART	Act Room 3 & 4	26
09.00am to 11.30am	Woodcarving	Workshop	8
09.30am to 11.30am	Discussion Group – Current Affairs (1st and 3rd Tuesday)	Café	6
12.00pm to 04.00pm	Canasta Beginners	Act Room 1 & 2	24
12.00pm to 3.30pm	Art Class (Afternoon)	Act Room 3 & 4	26
01.00pm to 4.00pm	Social Dance – New Vogue/Oldtime/Sequence	Auditorium	36
01.00pm to 3.00pm	Writers Group (Meets every 2nd & 4th Tuesday)	Workshop	10
03.15pm to 4.15pm	Guitar Lessons – Going to Intermediate	Workshop	10
04.15pm to 6.30pm	Table Tennis (beginners welcome, All ages welcome)	Auditorium	Doubles ok - Max 5 Tables
05.30pm to 6.30pm	Pilates	Act Room 1 and 2	12
06.30pm to 9.00pm	Table Tennis (1st, 2nd, and 4th Tues)	Auditorium	Doubles ok - Max 5 Tables
07.30pm to 10.00pm	Orchid Society (3rd tuesday of the month)	Auditorium	63

Wednesday

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
8.30am to 10.00am	Yoga	Auditorium	32
09.00am to 11.30am	Library		
10.00am to 11.30am	Philosophy for everybody U3A	Activity Room 1 & 2	24
10.00am to 11.30am	Ukulele Class – Beginner	Workshop	10
10.00am to 11.30am	Ukulele Class – Intermediate	Workshop	10
10.15am to 11.00am	Tap Dancing Class	Auditorium	63
11.00am to 12.00noon	Jazz Dancing Class	Auditorium	63
10.00am to 12 noon	Low vision group (2nd & 4th wed)	Act Room 3 & 4	26
12.15pm – 2.30pm	Genealogical society (2nd wed)	Act Room 1 & 2	24
12.45pm to 01.45pm	Qi-Gong	Auditorium	63
01.00pm to 02.00pm	German for Beginners	Act Room 3	15
02.00pm to 03.00pm	German for Intermediate	Act Room 3	15
01.00pm to 03.30pm	Rummy Tiles	Act Room 4	15
03.00pm to 04.00pm	Guitar lessons – For Beginners	Act Room 1 & 2	20

THURSDAY

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
07.00am to 08.00am	Walkers for health	Outside activity	No Restriction
08.30am to 12.00noon	Cleveland Senior Citizens – Indoor Bowls	Auditorium	30
08.30am to 12.00noon	Cleveland Senior Citizens – Bingo	Act Room 2	12
08.30am to 12.00noon	Cleveland Senior Citizens – Cards	Act Room 1	12
09.00am to 11.45am	Computer Workshop	Act Room 3 & 4	26
12.00pm to 04.00pm	Canasta	Act Room 1 & 2	24
12.15pm to 04.15pm	U3A CANASTA	Act Room 3 & 4	26
01.00pm to 04.00pm	Indoor Bowls	Auditorium	30
05.30pm to 06.30pm	YOGA (All ages welcome)	Auditorium	32

FRIDAY

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
8.30am to 9.30am	Pilates class	Auditorium	32
08.30am to 12.00noon	Handicrafts	Activity Room 3 & 4	26
08.30am to 12noon	Parchment Craft	Activity Room 1	12
10.00am to 12.30noon	Indoor Bowls	Auditorium	30
01.00pm to 04.00pm	Table Tennis	Auditorium	Doubles ok - Max 5 Tables
01.00pm to 04.00pm	Table Tennis	Activity Room 3 & 4	Doubles ok - Max 4 Tables
01.00pm to 04.00pm	Card 500	Activity Room 1 & 2	24
01.45pm to 04.15pm	Classical Music U3A	Act Room 5	6

Friday 04.00pm to 06.30pm	Table Tennis	Auditorium	Doubles ok - Max 5 Tables
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Saturday

Times of Activity	Activity Name	Activity Room	Maximum No:of Participants
9.00am to 12.00noon	Table Tennis	3 & 4	Doubles ok - Max 4 Tables
9.00am to 12.00noon	Hearing Impaired Group	1 & 2	24

Café will be operating with limited seating capacity.

Activity set up and rooms subject to change

Activity timetable may be subject to change

U3A Activities please contact U3A office

Qigong, Yoga, Pilates will continue online too for those who wish to register