



DONALD SIMPSON COMMUNITY CENTRE NEWSLETTER

July 2016

Coming events at DSC

Jazz Cabaret

Fab Fifties

ART SHOW

**PUZZLES
& TRIVIA**

Out & Away
- with a difference!

**More tips for a
good old age**



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Cover: Lyn Finn has all the information at her fingertips.

Please submit your articles and photos for the September issue to the office by Aug 25

"It was a great night, we really enjoyed ourselves." Kim Richards.

"The cabaret in May showed that there is an audience for these events," said DSC Board member Tony Christinson. "We want to bring music to the centre in a relaxing atmosphere, stay affordable, and to enable easy participation."

CABARET
 Donald Simpson Centre
 proudly presents
 an afternoon of
 jazz and more!

Ramblers play a variety of music including Trad Jazz (New Orleans style), Gospels, Swing and lots of old numbers many remember from sing-alongs and they enjoy audience participation!
 Petrichor is a young group with guitars, piano and drums playing a variety of tunes.

Sunday 31 July: 3.00pm to 5.30pm
 \$10 including light refreshments
Donald Simpson Community Centre
 172 Bloomfield Street, Cleveland
 Tickets available at DSC Office to pre-purchase.
 Contact Tony Christinson 0447177633 for more information.



Get ready for the Jazz Cabaret

Hard on the heels of the hugely popular cabaret in May, here comes the Jazz Cabaret at the DSC. What better way to pass a Sunday afternoon then to join us on July 31st from 3pm til 5.30pm.

Headlining band is The Ramblers, who have 15 years of experience performing New Orleans style jazz, gospel, swing, and lots of old numbers. Their rhythm and brass sections should get the centre jumping.

The Ramblers are supported by Petrichor, a young group with guitars, piano, and drums.

\$10 gets you the bands, light refreshments, and lots of great company. See you there!

172 Bloomfield Street Cleveland 4163 PO Box 977 Cleveland Telephone: 3821 1089 Fax: 3821 6833

Email: contact@donaldsimpsoncentre.com Web: www.donaldsimpsoncentre.com

Blanket Drive Continues

The Winter Solstice is just past, but chilly weather continues and so does the Ernie Harrison Blanket Drive at the DSC.

This year's blanket drive, launched at the centre by Mayor Williams on June 6th, is being run in conjunction with the Bay Islands Community Services Centre which operates on Macleay and Russell Islands. It aims to help island residents stay warm this Winter.

Co-ordinator of the Bay Islands Community Services Centre, Mr Tony Cotroneo, thanked the DSC, which has run a blanket drive for the past 20 years. He said that half of the blankets donated are given away in emergency relief to those in need, and that the rest would be sold at low-cost in op shops on the Bay Islands.



(L to R) Tony Christinson, Tony Cotroneo, Mayor Karen Williams, Cr. Tracey Huges, and Thomas Jithin launch the Blanket Drive. Photo courtesy of Redland City Bulletin

The blanket drive continues through July. If you would like donate pre loved or new blankets please drop them in at centre or call 38211089 to help us distribute them.



Above: Theatricals promise a high-energy show

Fab Fifties comes to the DSC in August

Tickets are now on sale at the office for "The Fabulous Fifties", the next show for the Donald Simpson Theatricals.

Written and directed by Janette Sheehan, it comprises 40 songs supporting a storyline and also comedy sketches. The large cast, who are of course DSC members, are throwing themselves into their rehearsals with gusto. It promises to be an energetic performance which will get your feet tapping, and your face smiling.

Tickets will also be available at the door, but it's recommended that you get them early as last year's performances had 2 sold out shows. See the poster at right for details.

 RELIVE THE CAREFREE DAYS OF THE 50'S
 WITH THIS STYLISH MUSICAL COMEDY

FEATURING OLD FAVOURITES INCLUDING...
 Three Coins in the Fountain - Unforgettable - April Love - You're Sixteen
 Treat Me Nice - Around the World... and many more

TICKETS
 \$12 ea
BOOKINGS:-
 call 3821 1089
 or at the door

FABULOUS FIFTIES

MUSICAL COMEDY

Donald Simpson Centre
 172 Bloomfield St, Cleveland QLD

ALL SHOWS at 2:00PM

SATURDAY 13 AUGUST - SUNDAY 14 AUGUST
 SATURDAY 20 AUGUST - SUNDAY 21 AUGUST

Produced and Directed by Janette Sheehan

DISCLAIMER: Whilst Management and the Editor of The Donald Simpson Community Centre Ltd. endeavour to assure the reliability of materials and/or advertising printed in the "The Newsletter" neither the Management nor the Editor, can assume any responsibility for the views expressed in this publication.

Memberships are due

A new financial year is upon us (already?) (yes!) so it's time to renew your membership.

If you renew or take out a new membership by August 30, the cost is \$16.50. From September 1 the price will be \$22, so why wait?

But there's more! The DSC management have been working hard to negotiate privileges and discounts for members with Redlands businesses. All you need to do is show your new membership card; that's it!

There is a list of participating businesses online at <http://www.donaldsimpsoncentre.com.au/membership/renewals/> and on display at the centre.

So next time you're visiting, ask us how to renew your membership, or phone 3821 1089 and ask for Vanessa.

MARY ESTABROOK

Mary has been a valuable volunteer since Grahame Rose visited Cleveland Manor to promote the Donald Simpson Centre about 20 years ago. Along with a number of other residents, Mary became one of the core group of volunteers in the Bookings Office. She stayed longer than anyone else of that group. Over the years she has probably booked more people on trips than anyone else in the office.

Mary has coped with all sorts of changes in the office, and has always been a great public relations person for the Donald Simpson Centre. Our regular Monday morning visitors will miss her friendly chats when booking trips.



We could depend on Mary arriving on a Monday with a cheery smile and a "good morning". Mary's work here has been much appreciated and we will miss her presence.

Sudoku

Answers to this and other puzzles on P6

Puzzle 1 (Medium, difficulty rating 0.55)

	5	7	3			9	4	8
2			4		6			
7	9	1				8	2	6
8	6	5				3	1	4
			1		9			2
3	8	9			7	4	5	

Donald Simpson Centre

Arts & Crafts Show

20 - 21 August 2016

An exhibition with works for sale by Donald Simpson Centre members

Art Work (Painting) · Water Colors (U3A group)
Parchment Craft · Woodwork
Leatherwork · Quilting · Handicrafts

There will be displays and items for sale on the day.

10am to 4pm Saturday
10am to 2.30pm Sunday

Free entry!

172 Bloomfield Street, Cleveland. Phone: 07 3821 1089

Queensland Government
COTA

Have an eye for beauty? Then keep an eye out for the Art and Crafts Show, running at the DSC over the weekend of August 20 - 21. The Hub cafe will be open too for hot beverages and yummy snacks. We hope to see you there!

Change one letter at a time to take a PEW in the HUB:

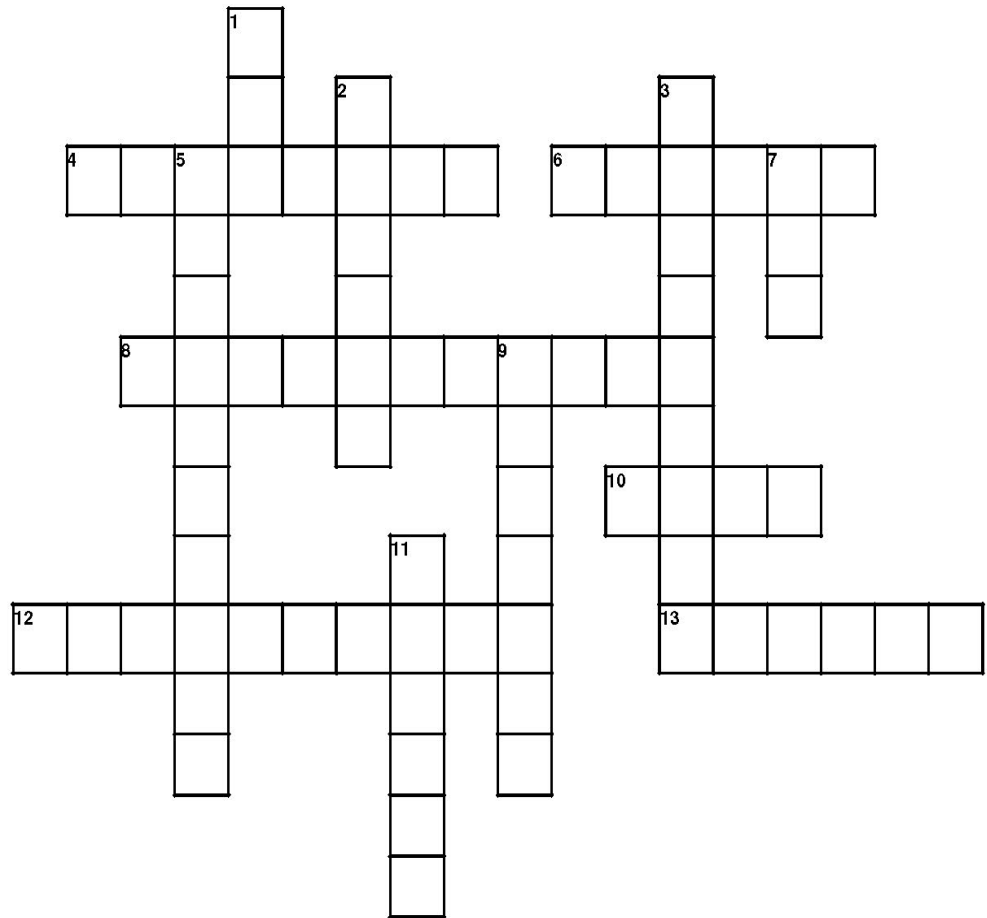
P E W

H U B

Solution below

HUB-
 NET-NUT-HUT
 PEW-NEW-
 :uoitno

Easy Crossword



Across

4. When booking your trip with AWAD, you need this
6. A yummy offering at the cafe
8. This group loves performing at DSC
10. DSC has a hearing what?
12. These people work hard for the community
13. DSC merchandise

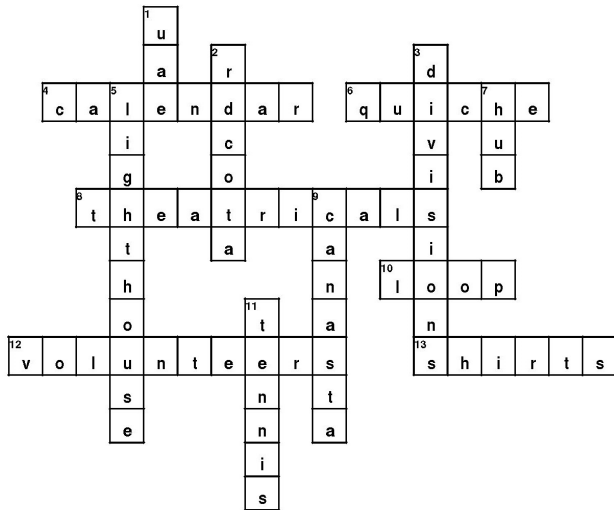
Down

1. DSC manager Thomas' birthplace
2. This organisation is 45 years old
3. Redland City Council area has ten of these
5. Redlands historical building
7. The name of the DSC cafe
9. Card game played at DSC
11. A different type of table found at DSC

DSC members love to travel. How many of these trivia questions can you answer?

1. What is the capital of Alaska and what's unusual about it?
2. Where is Arnhem Land?
 - a. North of the Valley of the Winds
 - b. South of Katherine Gorge
 - c. East of Kakadu national park
 - d. West of Alice Springs
3. In which festival is it customary for people to throw coloured powder over one another?
4. Little Penguins live on which island, which is known overseas as the Australian Galápagos?
5. In order to get from Oregon to Montana as fast as possible, which state would you have to travel through?
6. Which ruling dynasty first made Beijing's Forbidden City its home?
7. What new tourist attraction could you take your visitors to at Roma St Railway Station?
8. Siegfried's Mechanical Music Cabinet Museum is in what European city?
9. What is the world's smallest country?
10. Which Australian city hosts an annual Elvis Festival?

Easy Crossword



AWAY WITH A DIFFERENCE - NEWS

On our recent trip to Outback Queensland, we were able to take 40 "pamper packs" to be given to men and women on outlying properties. The packs were made up by the "Circle of Friends" a group of ladies led by Alyson Campbell of Wellington Point. Goodies in our packs were donated by members of North Redlands Probus Club. Scripture Union Chaplains were our contacts and Kerry in Longreach is employed by Longreach School of Distance Education, hence her access to recipients in that area. Anne in Winton was thrilled to have men's packs to pass on, she said the men are so often overlooked, and they need a little "pampering" too.

Here are some emails received by Alyson from ladies who received packs through Kerry in Longreach.

*Val Henry
Tour Leader, "Away with a Difference"*

Just a little note to THANK YOU for your beautiful pamper pack! I was so thrilled to receive my pack through the Longreach School of Distance Education.

We are in our fourth year with next no rain. My husband and I and our two children(8 and 6) live on 50,000ac near Ilfracombe. We have been destocked for 12 months. We would normally carry 8000 sheep and 800 head of cattle. In 2015 I was ready to walk away, but the support and generosity of wonderful people like you have helped us persevere, and 2016 does feel better. I am more hopeful and more determined to keep going.

Thank you for showing us that you care and understand.

God bless you,
Julie Brown, "Marchmont"

I just wanted to say a Big Thank you for the absolutely beautiful parcel of goodies that I received this week. We live on a cattle station 60km south of Winton. I have the last of my 4 children at home being home schooled in year 4 through Longreach School of Distance Education. The older 3 are at boarding school in Townsville.

Trivia answers

1. Juneau. You can't get there by car, only ferry or plane.
2. C. East of Kakadu National Park
3. Holi, India
4. Kangaroo Island
5. Idaho
6. Ming
7. The newly renovated first station building. The building was erected in 1874 and has been used as a railway station for over 120 years. It is the oldest station building in Brisbane and is the earliest surviving major station in any capital city in Australia.
8. Rudesheim
9. Vatican City
10. Parkes

Puzzle 1 (Medium, difficulty rating 0.55)

6	5	7	3	2	1	9	4	8
2	3	8	4	9	6	1	7	5
9	1	4	7	8	5	2	6	3
7	9	1	5	4	3	8	2	6
4	2	3	6	1	8	5	9	7
8	6	5	9	7	2	3	1	4
1	7	2	8	5	4	6	3	9
5	4	6	1	3	9	7	8	2
3	8	9	2	6	7	4	5	1

school in Townsville.

Please thank everyone who so thoughtfully put this beautiful parcel together. I hope one day I will be able to return the kind favour.

Best wishes
Cathy White "Athelstane"

I just received a care package from the Circle of Friends. That is a such a lovely gesture and very thoughtful of you all. It is a bit overwhelming to think that there are people out there thinking of us out here in Longreach.

Please pass on my thanks to everyone involved. I know it is unlikely that we will ever have the chance to meet but please know that I am grateful for your kindness and will keep looking for opportunities 'to pay it forward'.

Thank you and kind regards,
Rachael Webster

The Hub Cafe

is the best kept secret at the Donald Simpson Centre. The cafe is run Monday to Friday from 8.30am to 3.00pm. Members can place their orders before classes and pick them up when they get out. Outside visitors are also welcome to enjoy a meal at cafe or our expertly made espresso coffee.

Our menu changes regularly. Get our loyalty card and you will receive every fifth coffee free.

ENERGY PRESENTATION AT DSC

27th JULY 2016 9.30am to 11.30am



Get the facts you need to know before you shop around.

From 1 July 2016, electricity prices in SEQ will be deregulated. This will mean more choices for energy consumers. Queensland Council of Social Service (QCOSS) and the Chamber of Commerce and Industry Queensland (CCIQ) are providing information to make it easier for residents and small businesses to understand the offers and choose the right electricity plan for them.

We will show you how to read your bill, where to find and compare electricity and gas offers, what to look for and what to look out for.

Come along to our free presentation with refreshments at

Venue: Donald Simpson Centre

Date: Wednesday 27 July

Time: 9.30am to 11.30 am

Bring your electricity bill so we can show you the information on it you need to know to get a better deal to suit you.

Morning tea and refreshments provided by Victoria Point Community Bank, Branch of Bendigo Bank. RSVP 38211089 or email contact@donaldsimpsoncentre.com

Tips for a Good Old Age

Some of us have reached our golden years, and some of us have not. But these suggestions should be read by everyone. They have been collected from many a senior, each with his or her own piece of advice. Some you know, some may surprise you, and some will remind you of what's important. So read well, share with your loved ones, and have a great day and a great life!

Regardless of age, always keep love alive. Love your partner, love life, love your family, love your neighbour and remember: "A man is not old as long as he has intelligence and affection."

Be proud, both inside and out. Don't stop going to your hair salon or barber, do your nails, go to the dermatologist and the dentist, keep your perfumes and creams well stocked. When you are well-maintained on the outside, it seeps in, making you feel proud and strong.

Don't lose sight of fashion trends for your age, but keep your own sense of style. There's nothing worse than an older person trying to wear the current fashion among youngsters. You've developed your own sense of what looks good on you - keep it and be proud of it. It's part of who you are.

ALWAYS stay up-to-date. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active email account and try to use some of those social networks. You'll be surprised which old friends you'll meet. Keeping in touch with what is going on and with the people you know is important at any age.

Respect the younger generation and their opinions. They may not have the same ideals as you, but they are the future, and will take the world in their direction. Give advice, not criticism, and try to remind them of yesterday's wisdom that still applies today.

Never use the phrase: "In my time". Your time is now. As long as you're alive, you are part of this time. You may have been younger, but you are still you now, having fun and enjoying life.

Some people embrace their golden years, while others become bitter and surly. Life is too short to waste your days on the latter. Spend your time with positive, cheerful people, it'll rub off on you and your days will seem that much better. Spending your time with bitter people will make you older and harder to be around.

Source: 21 Rules for a Good Old Age by Oussama Zinedine. *Do you agree with these tips, or do you have better ones? Let us know.*

Out With a Difference

Out With A Difference 2016 Seniors Week Community Events. There will be no extra charge for non-members for these three outings. Try a new experience !!! Have a day out with us. Enjoy the friendship, care, consideration and companionship you will find amongst our members on our day trips.

Wednesday, 3rd August - The Army Museum, South Queensland invites groups to visit the Victoria Barracks for a guided tour. Built in 1864, the original buildings are characteristic of the 19th century British Empire military Barracks. Devonshire tea is served in the original Officers Mess and is a highlight of the tour. After the tour you will be taken into the City where you will have time to purchase your lunch and visit the popular Growers Market in George Street. Cost \$39.00. Bookings close 14th July, 2016

Monday, 15th August - Southport Club Package Day is a popular low cost day out. You will receive a drink voucher, lucky door prize tickets and a \$2 keno ticket. Morning tea will be served on arrival and you choose your lunch, usually roast or fish and sweets at the counter. There will be entertainment between 11 am and 2.00 pm. It is only a short walk to Australia Fair if you wish to do some shopping. Cost for the day is \$33.00. Bookings close 29th July, 2016



Wednesday, 17th August - Back to the Tivoli provides light popular entertainment for your enjoyment. The music and songs are from the era we are all familiar with so you can tap your toes and sing along. These performances provide a wonderful morning's entertainment, leaving you uplifted for the rest of the day. Cost is \$45.00 or if you wish to meet up with friends we have a coach only option for \$29.00. Bookings close 7th July, 2016



Friday, 19th August - Today we travel up the highway to Caboolture where we stop for morning tea and time to observe the bird life around the lake. From here we coach to Scarborough to Morgans Restaurant for lunch at this famous eating place. Our trip back will be along the coastline to Shorncliffe. The cost for this day is \$53.00. Bookings close 1st August, 2016



Check [www.donaldsimpsoncentre.com /trips](http://www.donaldsimpsoncentre.com/trips) calendar for further details



You can easily find out what activities are scheduled online at

<http://www.donaldsimpsoncentre.com.au/activities/>

On Facebook? Find us at

www.facebook.com/DSCCentre

Or click the Facebook icon on our website

Out With a Difference

Wednesday, 31st August - Whale watching this year will be land based on North Stradbroke Island. No more “mal de mer”. Point Lookout and North Gorge are perfect spots from which to spot whales. Lunch will be at the Stradbroke Hotel another great viewing area. We suggest that you wear sensible shoes and warm clothing. Cost \$68.00. Bookings close 8th August, 2016.



Wednesday, 2nd September - “A Woman’s Delight ” - Visit the upgraded Pacific Fair for a day of retail therapy. There are plenty of new glittering shops as well as the new Variety stores. This will be the time to make an early start on your Christmas shopping or to purchase your Melbourne Cup outfit. Cost \$33.00. Bookings close 26th August, 2016

Sunday, 4th September - Enjoy a quiet Sunday afternoon being entertained by the Brisbane City Pops Orchestra at the Schonell Theatre with their “Dance and Romance” programme. Light refreshments will be on sale before the show. Cost \$53.00. Bookings close 15th August, 2016.

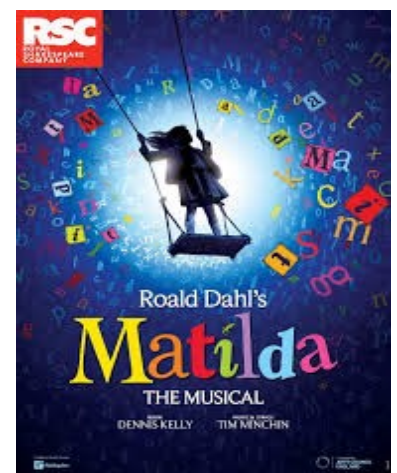
Wednesday, 14th September - Enjoy the springtime blooms at Roma Street Parklands. Located on 16 hectares in the heart of Brisbane, these parklands are regarded as the world’s largest sub-tropical garden in a city centre. We will have morning tea before walking around the gardens and lunch will be at the Southside Sport and Community Club, M. Gravatt. Cost \$47.00. Bookings close 1st September, 2016.



Saturday, December 24th - Spirit of Christmas, Concert Hall QPAC. This popular Christmas show books out very quickly, so don’t waste time. Please note that bookings close on 12th September, 2016. Cost \$80.00

Wednesday, 4th January, 2017 - “Fawlty Towers Live” will be at the Playhouse Theatre, QPAC. This production features all Australian actors in the roles of Basil, Sybil, Polly the maid and Manuel the hapless waiter. The show is adapted from the TV series by John Cleese. Manic, snobbish, condescending, sycophantic and rude, Basil Fawlty is one of the most memorable British comedy characters ever written. Cost \$96.00. Bookings close 10th October, 2016.

Wednesday, 8th February, 2017 - Matilda - The Musical, based on the novel written by Roald Dahl and adapted by Dennis Kelly with music and lyrics written by Tim Minchin. This show has received widespread acclaim and box office popularity, winning over 50 international awards, including 13 for Best Musical. Cost is \$97.00. Bookings close 2nd December, 2016.



Away With A Difference

Exotic Mauritius - 23rd August - 4th September 2016 - Highlights include Chamarel - Grand Bassin Temple & Sacred Lake, Black River Gorge, Waterfalls & Coloured Earth, Catamaran 1/2 Day Scenic Lunch Cruise: Casela Wildlife Park " Interaction with Lions and Cheetahs", Saint Aubin Estate Mansion & Rum Distillery Tour and Taste: Mahébourg Seaside Markets, Creole Style Luncheon at Falaise Rouge, Shopping Villages of Curepipe & Floreal, Trou aux Cerfs Volcanic Crater: Afternoon tea and tour of 150 year old Eureka Mansion and much more. **Price \$4985 pp twin share plus taxes**



Exploring Townsville - 14th - 19th October - Highlights include - The Spirit of Queensland revolutionary railbed, Scenic town tour, Castle Hill Lookout: Reef HQ Aquarium : Charters Towers, Texas Longhorn Cattle: Venus Gold Battery Magnetic Island Great Barrier Reef Park Lucinda sugar loading jetty, Hervey's Range Heritage tearooms. 4 nights accommodation at Holiday Inn, flight Townsville/Brisbane, all meals and attractions as per itinerary. **Price \$1589.00 pp twin share plus train fare**



Rockpool on The Strand, Townsville. Photo: H. Garcia

PNG Cruise Sunday 18th December -28th December 2016 – 11 days – 10 nights. Enjoy an exotic ocean cruise to Papua-New Guinea on the "Sea Princess" this Christmas. Includes on board all meals. Ports of call are Alotau, Papua New Guinea, Kitava, Trobriand Islands, Rabaul. Kiriwina Island. Four sea days. Doini Island & Kawanasausau Strait and Milne Bay on Christmas Day. **Price from \$2049 pp twin share inside cabin, includes taxes and port charges** *Right: "Sea Princess"*



"Spectacular Scandinavia" with optional Baltic Adventure cruise aboard Holland America's "MS Zuiderdam" - 14th May - 12th June inclusive. Land only 18 days/17 nights, land with cruise 30 days/29 nights. Includes fully customized itinerary. Flights with emirates, stopovers with optional sightseeing tours in Singapore and Dubai. Starting in Copenhagen, Denmark, and travelling through Sweden and Norway through stunning scenery and fiords and historical villages and buildings, the trip ends in Oslo. From there you either board your flight home or continue on for your cruise around the Baltic. Ports included Tallin, St Petersburg and Helsinki, finishing in Copenhagen.



Price: Tour and Flights only - \$10,449.00 plus taxes, gratuities. Tour, Flights, and Cruise (Inside cabin) from \$13,400.00 plus taxes. Price valid until May 2017, subject to change due to currency fluctuations.

Best of Yeppoon - 19th - 25th March, 2017—Tour highlights include Tilt Train to Rockhampton, Byfield National Park and Nob Creek Pottery, Kepel Coast, Shell World, Emu Park, two hour coffee cruise and much more. Price inclusions are : return transfers from Rockhampton to Yeppoon, 6 nights accommodation at Bayview Tower, Yeppoon all tours, attractions and meals as per itinerary. **Price \$1039.00 pp twin share plus applicable rail fare on the Tilt Train. Price based on maximum number of 20 passengers.** *Right: View from Bayview Towers*



Bookings open for all tours; Brochures available.

[Download full itineraries and prices from our website.](#)